

What to do if your child has one or more Covid symptoms

According to the NHS the 3 main symptoms of coronavirus are:

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Source: <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

Children showing 1 or more of these 3 main symptoms should get tested. If your child takes a test and it is negative, they can return to school immediately. Please make the school office aware of their return.

The alternative is to self-isolate for 10 days (from the onset of symptoms) with the rest of the family (including siblings) self-isolating for 14 days.

If the result of a test is positive, please call the school office and you will be put through to me. Following a conversation, I shall contact Public Health England. PHE will carry out a risk assessment and instruct us how to proceed, including how and who will be informed of an outbreak.

If staff show symptoms they will follow the same procedure.

A child showing Covid symptoms at school

If a child shows one or more of the Covid symptoms we will call their family and ask for them to be collected. As above, they should get tested or self-isolate along with their family.

If staff show symptoms, they will follow the same procedure.

Reporting absence/illness

Please continue to report absence and illness in the normal way via the school absence line. If your child has Covid symptoms please state this clearly on your message and follow the guidelines in the Help getting test section at the end of this page.

Communication

We will not be informing parents if a child has shown symptoms, is self-isolating or is having a test.

As mentioned above, we will follow the guidance from PHE of who will be informed in the event of a member of the school community testing positive for coronavirus.

Help getting tested

To get a test visit:

self-referral.test-for-coronavirus.service.gov.uk

If you do not have access to the internet, you are advised to dial 119.

