



## W.C 13.07.2020: Learning Project - Sport

### Y5 Maple Magicians

Weekly Reading Tasks	Weekly Spelling Tasks
<b>Monday-</b> Ask your child to read the sports pages of a newspaper and consider the language used. They could add interesting language to a sports' word bank.	<b>Monday-</b> Can your child list sport related noun phrases and verbs that correspond with each letter of the alphabet? This will support their writing tasks.
<b>Tuesday-</b> <a href="#">Here</a> is a reading comprehension activity about circus performers. Ask your child to read the text in under 3 minutes and complete the questions.	<b>Tuesday-</b> Can your child complete <a href="#">this word search</a> which focuses on words ending in <b>-cial</b> or <b>-tial</b> ? Can they find the meanings of these words too?
<b>Wednesday-</b> Ask your child to listen to and read along with <a href="#">Arundel Swimming Pool</a> . Ask your child to summarise each verse using one word only.	<b>Wednesday-</b> Ask your child to create their own sporting word search. This could include the names of athletes, sports or sporting equipment.
<b>Thursday-</b> Encourage your child to listen to a free age-appropriate audiobook <a href="#">here</a> , choose a book from <a href="#">Oxford Owl</a> or continue with their chapter book.	<b>Thursday-</b> Can your child unscramble these sporting words: <b>queenmipt, poicmlys, tannidmob, cagminssty &amp; pochmashpini.</b>
<b>Friday-</b> Ask your child to consider the actions of a character in a book they've recently read. Do they agree or disagree with the actions? They should verbally give reasons for their opinions and justify them using evidence from the text.	<b>Friday-</b> Pick 5 Common Exception words from the <a href="#">Year 5/6 spelling list</a> . Challenge your child to spell them as you throw a ball to each other. Every time the ball is thrown the next letter must be said.
Weekly Writing Tasks	Weekly Maths Tasks- Position and Direction
<b>Monday-</b> Visit the Literacy Shed for this wonderful resource on <a href="#">The Catch</a> . Or create a short victory story about a character succeeding.	<b>Monday-</b> Get your child to watch this <a href="#">video</a> to understand the difference between reflection, translation and rotation.
<b>Tuesday-</b> Task your child with writing two newspaper articles on a sport of their choice, one reporting on an event and the other reporting 'behind the scenes'. Pay attention to the different language that will be used in each. Can your child include direct speech from 'interviews'? They could present this on Word or Google Docs if they have access to a PC.	<b>Tuesday-</b> Place several household objects on the ground indoors or in the garden spaced apart. Blindfold your child using a scarf and using the positional language, such as turn left, right, forwards, clockwise etc, give them instructions to lead them to the items. You could say something like: "Turn 90 degrees left, move forwards 3 spaces." Can your child follow the given instructions to find the object?
<b>Wednesday-</b> Ask your child to choose a sports person they admire. Encourage them to create a biography which tells the story of their life in chronological order.	<b>Wednesday-</b> Using this <a href="#">online resource</a> , ask your child to make a pattern and then reflect it. Or try <a href="#">this activity</a> that allows reflecting, translating and rotating practice.
<b>Thursday-</b> Ask your child to choose a sport which is popular in another country and write an information report, giving key details about the sport and its history.	<b>Thursday (theme)-</b> Show your child the picture of the sport equipment below. How many different ways can they classify/sort the PE equipment?
<b>Friday-</b> Your child can create a persuasive leaflet for a new school sports club. They should use persuasive language including modal verbs (e.g. will, should) and adverbs of possibility (certainly, probably).	<b>Friday (theme)-</b> Play catch. Each time the ball is caught, count up in a particular multiple (this could be any number between 2 and 100). If the ball is dropped, start again. It can be made harder by spacing out or by giving a higher target number

## Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more about sports and games. Learning may focus on the history of sport, sporting-heroes, physical challenges and performance.

- **Sport Genius-** Ask your child to research about [sporting history](#) and see how many different [facts](#) they can find out about sports from the past. Ask them to create their own sporting trivia quiz which they can test out on members of the household. Or place different sporting events from the last 100 years onto a timeline.
- **Sporting Heroes-** Get your child to select their favourite sporting star. Then they can draw a portrait of them in the style of the famous pop artist [Roy Lichtenstein](#) using felt tip pens or paint. Share their creation at [#TheLearningProjects](#).
- **Name that Sport** - Get your child to create an [orienteering map](#) of your home/garden. At each location they will need to create a question relating to a sport e.g. Which sport has the most rules? The answers can then be recorded on an orienteering sheet. How about giving them a challenge? Can they create an answer that begins with the letter of the next location? Get your child to test it out on a family member.
- **Beat It!** - Begin by getting your child to measure their resting heart rate by counting how many beats in a minute. Then get them to carry out an exercise e.g. running, skipping, star jumps etc. for 3 minutes. Once they have completed this they are to carry out a recovery activity e.g. walking or sitting and see how long it takes for their heart rate to go back to normal. Ask them to repeat this with different recovery exercises to see which is the most effective at getting their [heart rate](#) back to normal the quickest. Can they create a way of showing their results?
- **Anyone Can Be a Champion!** - This activity is all about exploring the diversity of sport. Ask your child to research the history of the [Paralympics](#) . Discuss why we have the Paralympics. Get your child to create a poster which presents the importance of the Paralympics and the range of different sports there are.

## STEM Learning Opportunities #sciencefromhome

### Heart Beaters

- Can you tickle yourself? How many litres of blood do you have in your body? How many times does your heart beat in a day? Test your family with a body trivia quiz. Create your own cards or download some from here: <https://bit.ly/2RFJVRN>
- The complete resource can be downloaded here: <https://bit.ly/3a9VtTU>

## Corona Virus and Wellbeing –Returning to/and Being at School

The change that Covid-19 has caused to our lives has been difficult and has provided countless challenges. For many children, the uncertainty and disruption to everyday life has caused worry and anxiety. These tasks are designed to help children process the current situation, begin to make sense of it and plan for returning to a different normal.

### Think

- Reading or being read to offers hope and positivity. [The Book of Hopes](#) aims to comfort and encourage children during these unusual times.

### Talk

- Talk to your child about what they have found most challenging over the last few weeks and what has helped them most during these difficult times. Which of these things are they or you as a family going to continue to do as things return to normality? E.g. continue with daily walks or play more family board games. Write a pledge as a family, recording all of things that you will continue in the future.

### Do

- Task your child with writing a letter to their future self. Ask them to include advice about things that have helped them to cope and feel optimistic over the last few weeks. When/if your child feels anxious or worried, ask them to read the letter to help them through these days.

### Visit

- If your child is struggling to adapt to the 'new normal', [Mind Ed for Families](#) offers safe and reliable advice on supporting children's mental health and wellbeing.
- [Childline](#) has a bank of activities to encourage your child to share their worries.
- [This factsheet](#) explains anxiety in a suitable way for children.
- These [eBug resources](#) are useful to help your child learn about the coronavirus and how they can keep themselves safe.
- [This document](#) from Emerging Minds offers evidence based advice for anyone supporting children and young people with their worries.

## Staying Safe Online

Staying safe online is called 'digital literacy' and this means having the skills and knowledge to use the internet safely and responsibly. It is where someone can manage online content and communication, spot possible risks, and find ways to protect themselves from these risks. You can find out more by visiting [Childnet](#).

Your child could have a go at entering **The Childnet Film Competition** which invites young people aged 7-18 to create a 2 minute online safety film to inspire their peers to create a safe, supportive and fun online world around the theme '**We want an internet where we're free to...**' The entries that make into the final shortlist will be judged by a prestigious panel made up of representatives from BAFTA, the BBC, the British Board of Film Classification, the BFI, Disney and the Motion Picture Association. The young people who create winning films and storyboards will receive great filmmaking and creative prizes for their school or youth group. Whether used at school or as a home learning project, the competition is a great way of exploring important internet safety messages with young people of all ages. Find out more [here](#).



The link below takes you to a page which has been created to support parents during Covid-19 and the closure of schools. Each fortnight, we will be releasing new home activity packs with simple 15 minute activities you can do with your child to support their online safety at home. This page includes all packs for children aged 8-10.

[https://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/8-10s/?utm\\_source=Thinkuknow&utm\\_campaign=d422803b43-TUK\\_ONLINE\\_SAFETY\\_AT\\_HOME\\_16\\_06\\_20&utm\\_medium=email&utm\\_term=0\\_0b54505554-d422803b43-64886517](https://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/8-10s/?utm_source=Thinkuknow&utm_campaign=d422803b43-TUK_ONLINE_SAFETY_AT_HOME_16_06_20&utm_medium=email&utm_term=0_0b54505554-d422803b43-64886517)

**Additional learning resources parents may wish to engage with**

- [BBC Bitesize](#) - Lots of videos and learning opportunities for all subjects.
- [Classroom Secrets Learning Packs](#) - Reading, writing and maths activities for different ages.
- [Twinkl](#) - Click on the link and sign up using your email address and creating a password. Use the offer code UKTWINKLHELPS.
- [White Rose Maths](#) online maths lessons. Watch a lesson video and complete the worksheet (can be downloaded and completed digitally).
- [Times Table Rockstars](#). Your child can this programme with their school logins. On Times Table Rockstars, children should aim to play Sound check for 20 minutes daily.
- IXL online. Click here for [Year 5](#). There are interactive games to play and guides for parents.
- [Mastery Mathematics Learning Packs](#). Take a look at the mastery mathematics home learning packs with a range of different activities and lessons.
- [Y5 Talk for Writing Home-school Booklets](#) is an excellent resource to support your child's speaking and listening, reading and writing skills.
- <http://www.natre.org.uk/about-natre/free-resources-for-you-and-your-pupils/> is a resource to support parents and children with the provision of RE activities for use during the coronavirus crisis. These include seven resources for each Key Stage including home learning activities about Bible stories and other festivals.

The Learning Projects are based on the **National Curriculum expectations** for the key stage which your child is in. It may be that your child finds the tasks set within the Learning Project for their year group too simple. If this is the case, then we suggest that your child accesses the Learning Projects which are set for the key stage above. Equally, if the projects are too challenging, then we advise that your child accesses the projects for the key stage below.

If your child requires more of a challenge, or you believe that there are some gaps in their learning then [Century Tech](#) is a fantastic resource that is currently free for home learning. The app is designed to address gaps and misconceptions, provide challenge and enables children to retain new knowledge. It uses artificial intelligence to tailor the learning to your child's needs. Sign up [here](#).

**#TheLearningProjects**