



Allergy Menu - Autumn Winter 2023

NGCI & Milk Free

**Week
One**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Chicken & Veg Meatball Marinara Pasta Mixed Salad 751020	Mild Chicken Curry Wholegrain Rice Green Beans	Roast Sausages Roasties Broccoli, Gravy 750687	BBQ Drizzle Pizza Wedges Peas 750850	Fish Fingers Chips Baked Beans 468711
Option 2	Sweet Chilli Vegetable Stir Fry Wholegrain Rice Mixed Salad	Creamy Broccoli & Cheese Pasta Bake Green Beans 751048	Vegan Sausage Roll Roasties Broccoli, Gravy 752054	Tarka Dhal Wholegrain Rice Sweetcorn 750977	Margherita Pizza Chips Baked Beans 751079
Jacket Potatoes	Crispy Skin Jacket Potatoes				
The Finale	Ginger Cookie 468725	Jelly & Fruit 457487	Tropical Pineapple Crumble 750695	Orange Cookie 750706	Custard 751120
Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes					

**Ready to
serve**





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**Week
Two**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	All Day Breakfast 750802	Margherita Pizza Potato Wedges Green Salad 751108	Minced Beef & Onion Pie Mash, Carrots, Gravy 751028	Chicken Chow Mein Rice Sweetcorn 750865	Fish Fingers Chips Baked Beans 468711
Option 2	Veggie All Day Breakfast 751171		Veggie Cottage Pie Green Beans 750989	Mexican Bean Wrap Wedges Peas 751009	Cheesy Sweetcorn Pizza Chips Baked Beans 750874
Jacket Potatoes	Crispy Skin Jacket Potato				
The Finale	Jelly & Fruit 457487	Jammy Crumble Bars 750936	Apple Crumble 750745	Orange Jelly	Custard 751120
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**Week
Three**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Hot Dog Potato Wedges Green Beans 751016	Tomato & Roasted Veg Wholegrain Pasta Bake Broccoli 751154	Roast Gammon Roasties Carrots, Gravy	Veggie Supreme Pizza Baked Wedges Peas 751163	Fish Fingers Chips Baked Beans 468711
Option 2	Veggie Lentil & Onion Pie Roasties Carrots, Gravy 751013	Veggie Korma Wholegrain Rice Broccoli 724120	Baked Macaroni Cheese Roasties Carrots, Gravy 750833	BBQ Drizzle Pizza Wedges Peas 750850	Cheesy Bean Wrap Chips Baked Beans 522729
Jacket Potatoes	Crispy Skin Jacket Potato				
The Finale	Watermelon Wedge	Chocolate Bricks 750859	Apple Crunch 750735	Strawberry Jelly	Custard 751120
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**Ready to
serve**

